

ABOUT BBSSU

Founded in 1996 by Wallace Corbett, Jr., Brother to Brother Sister to Sister United, Inc. (BBSSU) is a not-for-profit cycling team whose principal goal is to raise consciousness regarding HIV/AIDS and other health issues affecting people of color within the District of Columbia metropolitan area. While predominately an African-American organization, BBSSU's message and fight against HIV/AIDS cross all boundaries and benefits all persons infected or affected by the disease. Through cycling, BBSSU has spread the word about HIV/AIDS and encouraged people to exercise and be active in their communities.

Originally formed during the inaugural Washington, DC AIDSride, a 330-mile charity cycling event first held in 1996, BBSSU has been one of the area's most prolific charitable cycling organizations. Though cycling, fundraising and public health awareness events, BBSSU's hundreds of members participating over the years have raised thousands of dollars and worked to make this area a better, more informed community.

BBSSU is registered with the IRS as a tax-exempt 501 (c) (3) organization. Contributions to BBSSU are tax deductible to the extent allowed by law.



ABOUT BBSSU PROGRAMS

BBSSU has five major programs that contribute extensively to the surrounding community:

HIV / AIDS Education

As our primary focus, BBSSU's HIV/AIDS education program works to inform the community about AIDS and its affects on family and community. Through seminars and partnerships with other organizations, we strive to educate persons and communities who have historically been underserved.

Adult Cycling

In this program, we provide instruction, support and education for those looking to experience the enjoyment of bicycling. Regardless of skill level, BBSSU has a riding activity for everyone.

Remember, we will not leave you behind.

Childhood Cycling Safety and Education

The safety of our smallest riders is an important goal for BBSSU. Through kids' bike rodeos (riding seminars), we teach children techniques for safe riding, reinforce the need for wearing helmets and promote cycling etiquette.

PROGRAMS (Cont'd)

Community Health Issues

While AIDS is BBSSU's main focus, we also work to help people, especially people of color, live healthy lives. This involves participating in charity rides and walks against multiple sclerosis, cancer, diabetes and homeless. We also share information about nutrition, general exercise, and other health issues that affect the community.

Community Volunteering

Volunteering is the only way our programs get done! Not everyone can ride a bike but everyone can give some time. Helping out at events like the annual Max Robinson Center Toy Drive in December or being part of the support staff on some of our longer rides is a great way to get involved and make a difference in someone's life. We also volunteer with the Washington Area Bicycling Association, Children's National Medical Center, Injury Free Coalition for Kids – D.C and other organization so opportunities are many.

While we do many things, we can do very little without your help. For more information about BBSSU, its upcoming events, and how to help, please visit our website at **www.bbssu.org**.

BECOME A MEMBER

BBSSU is a fun and dynamic organization that makes a difference in the Metro Washington area by cycling against diseases that affect our community. Membership dues are **\$30 a year**, which the organization uses in various ways to give back to the community.

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Phone:
[H]:() _____ [C]:() _____

Email: _____

Ride experience: (Circle)
Novice Intermediate Advanced Unsure

Primary Type of Riding:
Road Trail Mountain

Primary Interest:
Cycling Only Volunteering at events

Fund-raising Other _____

Membership Dues: (\$30 – One Year)

Please send checks to C/O BBSSU, INC.:

P.O. BOX 33712, WASHINGTON DC 20033

HIV/AIDS STATISTICS

A report issued by the DC Appleseed Center for Law and Justice, *HIV/AIDS in the Nation's Capital: Improving the District of Columbia's Response to a Public Health Crisis*, states that the incidence of AIDS is expanding at an alarming rate:

In the most recent year for which data are available, the District had the highest incidence of AIDS of all major metropolitan areas in the U.S. In 2003, the District had an AIDS incidence rate of 170.6 per 100,000 people.

This is an increase from the District's AIDS incidence rate in 2001, which at 119 cases per 100,000 people was the highest rate among cities with populations over 500,000..”

The report also provides the following statistic:

Through the end of 2003, approximately 16,500 District residents had been diagnosed with AIDS, resulting in over 7,000 deaths.

The Most Recently Reported adult/adolescent AIDS cases by race (2001, D.C. Department of Health):

- African-Americans - 75%
- Whites - 20%,
- Latinos or Hispanics - 3%
- Asian/Pacific Islanders and Native Americans comprised less than 1%



Riding for Many Reasons –
United in the Fight
A g a i n s t A I D S



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